

Deutsches Rotes Kreuz +



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## Deutsches Rotes Kreuz

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In the name  
of humanity



## The German Red Cross Youth – in the name of humanity

The German Red Cross Youth (GRCY) is the German Red Cross's independent youth association. More than 113,000 young members aged 6 to 27 work together to promote health, the environment, peace and international understanding.

For more than 100 years we have been fighting on behalf of children and young people in need as part of the International Red Cross and Red Crescent Movement.

As part of the International Red Cross and Red Crescent Movement, our actions are closely linked to the seven fundamental Red Cross principles.

**Humanity:**

We serve human beings – but do not serve a system.

**Impartiality:**

We help the victim – but also the perpetrator.

**Neutrality:**

We take the initiative – but never take sides.

**Independence:**

We serve needs – but never serve a leader.

**Voluntary service:**

We work around the clock – but never for our own profit.

**Unity:**

We have many talents – but just one aim.

**Universality:**

We respect nations – but not borders



**We take action for others**

We help other people when they are in need – whether due to war, disaster, famine, accidents, sickness or poverty.

Whether on our own doorstep or around the world, we fight especially for the weakest members of every society.



## We achieve a great deal together



We feel responsible for the society we live in. Our aim is to draw attention to current plights by means of cam-

paigns and initiatives. We speak up for children and young people in need and join forces to improve their situation.

### **Diversity is our strength**

The topics we address and campaigns we lead are as varied as our members. We take people as they are: different interests and opinions are an asset to our association. Wherever you come from, whatever your race or religion, you are welcome to join us.

### **Lots of campaigns**

We hold regular RCY group meetings in almost every town and district of Germany. We have a great deal of fun practicing aid techniques, planning projects, organising workshops and enjoying leisure activities together. Many RCY members become more closely involved by acting as leaders and starting up their own projects.





## We are passionate about helping others



At the RCY, children and young people learn how to help others and achieve something positive. This starts out with training in first aid and mountain and sea rescue, and moves on to dispute resolution programmes and participation in international aid projects – we stay involved until the situation is resolved.

### Understanding international humanitarian law

The Red Cross helps protect civilians in areas of war and conflict, based on international humanitarian law. If the regulations of this law are followed, a little humanity is preserved even during armed conflict. This is why it is important to us that children and young people get to grips with the subject from an early age.

To this end, we offer clear, uncomplicated materials and games to work on in groups and at school.



### We are friends – everywhere

At the Red Cross Youth, we might do heroic deeds – or we might simply escape from everyday school life. In RCY groups, at national meetings and international camps there is always plenty going on, and some great friendships have been forged. And at the same time, you learn a lot of new things – without the pressure of school marks or having to do well.

### We embody the International Red Cross spirit

Our help knows no limits; it is based entirely on the urgency of the need. Our shared humanitarian values, such as tolerance, openness and understanding, join together all children and young people at international meetings. The seven Red Cross principles are the compass we use to guide our path.



## Schoolchildren helping schoolchildren



We cooperate with schools to organise school medical services. We teach children at their own school how to carry out first aid, so that if a child has an accident at school or

on the way there they can immediately help out – it feels good when you know what to do in an emergency.

### **We shape the matter that shapes minds**

We create teaching materials and educational aids on the topic of humanitarianism for schoolchildren and RCY groups. The subjects are directly related to children's and young people's everyday world and arouse their interest in social involvement at an early age – helping them act responsibly in future.

### **Resolving conflict peacefully**

Arguments among children and young people can easily turn into violence, both in and out of school. To stop this happening, the RCY offers dispute

resolution training, where trainee mediators learn how best to act in case of conflict and how to find solutions together – not with their fists, but with words.





## Joining up is easy to do

A close-knit network of local RCY groups all over Germany opens up plenty of ways for children and young people to spend their spare time and to become involved. Whether a member wants to put forward ideas, organise events, get stuck in or provide active assistance, there is something for everyone at the Red Cross Youth.

### **We provide informative links**

There is more information about the German Red Cross Youth on our website. For example, you will find links to local RCY associations all over Germany, as well as various publications and materials to download. If you are looking for information about the subjects the RCY covers and the campaigns it runs, go to the website [www.jugendrotkreuz.de](http://www.jugendrotkreuz.de)

On the interactive website [www.mein-jrk.de](http://www.mein-jrk.de) there are reports, photos and videos. Members all over Germany can exchange ideas and link up in the integrated community area.

### **The colourful world of the Red Cross Youth**

Doing heroic deeds

Assuming responsibility

Taking the initiative

Forming and communicating your own opinions

Getting to know other countries and cultures

Having adventures and fun

Taking steps for a fair society

Helping people and doing good

Making friends

Learning first aid

Joining up for a good cause

Trying out new things

Being open-minded and tolerant

Planning and running projects

Helping people in need